

ADULT TENNIS CLINICS

2026 EARLY FALL: AUGUST 31-OCTOBER 25
2026 LATE FALL: OCTOBER 26-DECEMBER 20
2027 WINTER: JANUARY 4-FEBRUARY 28
2027 EARLY SPRING: MARCH 1-APRIL 25
2027 LATE SPRING: APRIL 26-JUNE 20
2027 SUMMER: JUNE 28-AUGUST 22

BEGINNERS START HERE! OPEN TO ALL

Adult 1 – Learn to Play | Ages 18+ Beginner

This clinic is for players who are brand new to tennis or ready to learn the basics. Players are introduced to forehands, backhands, serves, volleys, overheads, body movement, and hand-eye coordination in a supportive 8-week clinic that will give you the confidence you need to hit the courts!

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& SIGN UP AT
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RATES ON ALL TENNIS PROGRAMS!

MUST TEST INTO THESE CLINICS OR HAVE BEEN PREVIOUSLY ENROLLED

Adult 2 | Ages 18+ 2.5–3.0 Beginner

This clinic is for players who know how to score and can rally 10–12 balls with players at a similar level. This clinic focuses on essential strokes, grip variation, basic strategy, and introductory competitive play. Placement lessons are available.

Adult 3 | Ages 18+ 3.0–3.5 Intermediate

This clinic is for intermediate players ready to improve consistency, stamina, and strategy. Players work on groundstrokes, spin, speed, angles, footwork, and more advanced patterns of play. Placement lessons are available.

Run and Gun | Ages 18+ 3.0–3.5

Run and Gun is for 3.0–3.5 players who want a faster-paced clinic focused on court fitness, movement, and stroke development. Expect active drills, rapid-fire games, competitive play, and plenty of footwork. Placement lessons are available.

Adult 4 | Ages 18+ 3.5–4.0 Advanced

This clinic is for advanced players looking to refine speed, shot accuracy, footwork, and competitive decision-making. This clinic uses higher-intensity drills to help players strengthen their game and compete with more confidence. Placement lessons are available.

Adult 5 | Ages 18+ 4.0+ Elite

This clinic is for 4.0+ players who are approved for high-level training. Players focus on advanced drills, competitive strategy, point construction, consistency, and refining the details needed for strong match play. Placement lessons are available.

Adult Doubles | Ages 18+ 3.5+ Advanced & USTA Prep

Adult Doubles is designed for competitive players and USTA league participants who want to strengthen their doubles game. Players focus on positioning, strategy, movement, communication, drills, and simulated match play. Placement lessons are available.

JUNIOR TENNIS CLINICS

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Red Ball – Beginner | Ages 5–8

The perfect introduction to tennis for our youngest players. Using low-compression balls, smaller courts, and smaller racquets, kids build hand-eye coordination, body movement, and basic tennis skills through fun games and active play.

Orange Ball – Beginner/Intermediate | Ages 7–11

Progress from basic skills to rallies and on-court games. Played on a 60-foot court with 50% compression balls, this clinic focuses on cooperative and competitive play emphasizing body movement, motor skills, and tennis stroke production.

Middle School MS1 – Beginner/Intermediate Ages 11–14

Designed for middle school students who are new to tennis or still building their foundation. Players work on basic stroke production, footwork, body movement, court strategy, sportsmanship, and both cooperative and competitive play through drills and games.

High School HS-JV – Beginner/Intermediate Ages 14–19

Designed for high school players who are brand new to tennis or have some experience. Players build a strong foundation in groundstrokes, volleys, serves, movement, scoring, and match play through age-appropriate drills, games, and competition.

INTERMEDIATE & ADVANCED

MUST TEST INTO OR HAVE BEEN PREVIOUSLY ENROLLED

Green Ball – Intermediate/Advanced | Ages 7–11

Designed for players who have progressed through Orange Ball and are ready for full-court play. Using slightly lower-compression balls, players continue developing stroke production, longer rallies, shot variety, strategy, scoring, and competitive point play.

Middle School MS2 – Intermediate/Advanced Ages 11–14

This clinic is for middle school players who have progressed through MS1 or are ready for a higher level of play. Players should be able to rally consistently with peers and will focus on spin, placement, shot variety, singles and doubles strategy, and competitive play. Placement lesson available.

High School HS-Varsity – Intermediate/Advanced Ages 14–19

This clinic is for high school players looking to improve consistency and compete at a stronger JV or Varsity level. Players focus on extended rallying, technical stroke development, singles and doubles strategy, shot variation, competitive point play, and understanding the rules of match play. Placement lessons available.

JUNIOR ELITE TENNIS TRAINING (JETT):

COACH INVITE ONLY & APPLICATION REQUIRED

Junior Elite Tennis Training is BTTC's advanced clinic pathway for players who are ready to train and compete at a higher level. JETT athletes are accepted into the program based on skill level, attitude, effort, and coachability.

JETT 1 – Elementary Advanced | 12 & Under JETT 2 – Middle School Advanced | 14 & Under

JETT 3 – High School Advanced | Ages 13–18