

SUMMER 2026

ADULT TENNIS CLINICS

JUNE 29-AUGUST 23

B TTC Members \$216 | Guests \$240

*unless otherwise noted

BEGINNERS START HERE! OPEN TO ALL

**SIGN UP AT
B TTC.FIT**

Adult 1 Beginner – Ages 18 +

This clinic is for players who are new to tennis and want to learn the game. During this clinic you will be introduced to the basics of the game including good form, how to score, and basic strokes (forehand, backhand, serves, volleys, and overhead shots). In this 8-week clinic our tennis pros will give you the confidence you need to hit the courts!

Wednesday 6:00pm - 7:00pm

MUST TEST INTO THESE CLINICS OR HAVE BEEN PREVIOUSLY ENROLLED IN INTERMEDIATE OR ADVANCED CLINICS.

Adult 2 – Ages 18 + (2.5-3.0) Beginner

This clinic is for players with a NTRP (National Tennis Rating Program) of 2.5-3.0. During this clinic your tennis pro will cover all essential strokes, grip variation, basic strategy and will engage you in game play. To enroll you must be able to hold a 10-12 rally with other players of your skill level and know how to score the game.

Mondays 6:00pm - 7:00pm | Tuesdays 12:00pm - 1:00pm | Thursday 12:00pm - 1:00pm

Adult 3 – Ages 18 + (3.0-3.5) Intermediate

This clinic is for players with a NTRP (National Tennis Rating Program) of 3.0-3.5. During this clinic your tennis pro will cover groundstrokes, serves, ball spins, advanced strategies, and fitness specific drills to improve your stamina and skills on the court. To enroll you must have been given a rating of 3.0-3.5 from one of our tennis professionals.

Tuesdays 6:15pm - 7:30pm | Wednesday 12:00pm - 1:00pm

B TTC Members \$270 | Guests \$300

Adult 4 – Ages 18 + (3.5-4.0) Advanced

This clinic is for players with a NTRP (National Tennis Rating Program) of 3.5-4.0. During this clinic your tennis pro will teach speed and accuracy of shots, footwork, and high intensity drills to refine your game. To enroll you must have been given a rating of 3.5-4.0 from one of our tennis professionals.

Thursdays 6:15pm - 7:30pm

B TTC Members \$270 | Guests \$300

SUMMER 2026

JUNIOR TENNIS CLINICS

JUNE 29-AUGUST 23

B TTC Members \$216 | Guests \$240

*unless otherwise noted

BEGINNERS START HERE! OPEN TO ALL

Focus on gross motor skills, fundamentals of groundstrokes & volleys.

RED BALL – AGES 5-7 BEGINNER

Introduction to basic tennis swings and hand-eye coordination exercises. Larger 25% compression balls, mini nets, and a smaller 36' court are used.

Monday 3:00pm - 4:00pm

Wednesday 3:00pm - 4:00pm

ORANGE BALL – AGES 7-11 BEGINNER/INTERMEDIATE

Students will learn serving, groundstroke fundamentals, how to keep score, as well as cooperative rallies. 50% compression balls and 60' court are used.

Monday 3:00pm - 4:00pm

Wednesday 3:00pm - 4:00pm

MIDDLE SCHOOL 1 BEGINNER – AGES 11-14

Designed for middle school students who are new to the sport looking to learn the fundamentals of the game. Full court and a standard compression balls are used.

Monday 5:00pm - 6:00pm



JUNIOR ELITE TENNIS TRAINING

COACH INVITE ONLY & APPLICATION REQUIRED

This training is designed for advanced players, helping you sharpen your competitive edge for match preparation by focusing on drills, strategy, fitness, and the mental game.

JETT 1: Wednesday 5:00pm - 6:00pm

JETT 2: Tuesday 5:15pm - 6:15pm, Thursday 5:15pm - 6:15pm

JETT 3*: Tuesday 4:00pm - 5:15pm, Thursday 4:00pm - 5:15pm

*B TTC Members \$270 | Guests \$300

SIGN UP AT [B TTC.FIT](https://www.bttc.fit)

INTERMEDIATE & ADVANCED

Further developing fundamentals adding serving, topspin & direction.

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GREEN BALL – AGES 7-11 INTERMEDIATE/ADVANCED

For students, both intermediate and advanced, who have progressed through the orange ball clinic. Students continue their work on the fundamentals of tennis, as well as competitive point play and scoring. 75% compression balls and the full 78' court used.

Tuesday 3:00pm - 4:00pm

Thursday 3:00pm - 4:00pm

MIDDLE SCHOOL 2 INTERMEDIATE- AGES 11-14

This clinic is for intermediate level students who are looking to improve their consistency and skills. This includes cooperative rallying, understanding technical stroke fundamentals, and knowledge of the rules for competitive play.

Wednesday 4:00pm - 5:00pm

MIDDLE SCHOOL 3 ADVANCED – AGES 11-14

Students are expected to be able to regularly rally 6-8 hits in a row with peers and aspire to participate in tournament play.

Tuesday 5:15pm - 6:15pm

Thursday 5:15pm - 6:15pm

HIGH SCHOOL 2 INTERMEDIATE JV – AGES 14-19

For intermediate level students who are looking to improve their consistency and skills. This includes cooperative rallying, understanding technical stroke fundamentals, and knowledge of the rules of competitive play.

Monday 5:00pm - 6:00pm

Wednesday 4:00pm - 5:00pm

HIGH SCHOOL 3 ADVANCED VARSITY – AGES 14-19

For advanced level students who have progressed through the B TTC tennis clinic programs. Emphasis on singles and doubles strategy, shot variation, and competitive point play. Students typically have played varsity level tennis to enroll.

Monday 4:00pm - 5:00pm