



TENNIS CLINICS

Bellingham Training & Tennis Club



EARLY FALL 2024	LATE FALL 2024	WINTER 2025	EARLY SPRING '25	LATE SPRING '25
Sep 3 - Oct 27	Oct 28 - Dec 22	Jan 6 - Mar 2	Mar 3 - Apr 27	Apr 28 - Jun 22

JUNIOR Tennis Clinics

BEGINNERS START HERE! OPEN TO ALL.
FOCUS ON GROSS MOTOR SKILLS, FUNDAMENTALS OF GROUNDSTROKES & VOLLEYS

1B Family Fun Tennis for Tots (Adult+Child 4-6)

Introduction to tennis. Adults are required to participate with their students.

2B Red Ball (6-8 years old)

Introducing volleys using half courts & red balls.

3B Orange Ball (8-12 years old)

Rallying with players using orange balls on 64' court.

4B Learn to Rally (12-15 years old)

Develop the skills to hit and play with peers.

5B High School I (Learn to Rally)

Develop the skills to hit and play with peers.

INTERMEDIATE & ADVANCED

FURTHER DEVELOPING FUNDAMENTALS ADDING SERVING, TOPSPIN & DIRECTION.

MUST QUALIFY OR TEST INTO THESE CLINICS

6I Green Ball (8-12 years old) (Intermediate)

Building on the rules of tennis, keeping score & doubles strategy using lower compression ball.

7I Yellow Ball 1 (12-15 years old) (Intermediate)

Building on the rules of tennis, keeping score & doubles strategy using using standard tennis ball.

8I High School 2 (JV) (Intermediate)

Focus on refining fundamental skills adding basic doubles strategy, positioning & match play.

9I High School 3 (Varsity) (Advanced)

Focus on mastering fundamentals & introducing backspin, advanced doubles plays and positions.

ADULT Tennis Clinics

TCA1 Adult 1 - Beginner

Have fun while learning the fundamentals of groundstrokes and volleys. Begin to rally and play basic tennis games. No tennis experience required.

TCA2 Adult 2 - NTRP 2.0-2.5

Further develop fundamental skills and introduce topspin and serving. Begin to learn rules and positioning for doubles match play. Some tennis experience necessary.

TCA3 Adult 3 - NTRP 3.0

Refine the fundamental skills and develop the abilities to control the pace, spin and direction of your shots. Begin to learn basic doubles strategies, patterns and plays. Necessary to have tennis match experience or have previously been in Adult 2.

TCA3.5 Adult 3.5 | Doubles - NTRP 3.5

Refine the fundamental skills of groundstrokes and volleys. Start to develop control over your shots and optimal shot selection. Begin to learn advanced doubles strategies, patterns and plays. Necessary to have coach approval, previous tennis match experience or been in Adult 3.

TCA4 Adult 4 Speed & Strategy - NTRP 4.0

Practice tennis fundamentals in high-energy drills. For players seeking a high intensity tennis workout while working on their singles strategies and doubles movement.

JUNIOR ELITE TENNIS TRAINING



TRAINING FOR ADVANCED PLAYERS
SHARPEN COMPETITIVE EDGE FOR
MATCH PREPARATION

FOCUSING ON DRILLS, STRATEGY,
FITNESS, AND THE MENTAL GAME.

APPLICATION & COACH INVITE



TENNIS CLINICS

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Enrollment			EARLY FALL 2024 Sep 3 - Oct 27			LATE FALL 2024 Oct 28 - Dec 22			WINTER 2025 Jan 6 - Mar 2			EARLY SPRING '25 Mar 3 - Apr 27			LATE SPRING 2025 Apr 28 - Jun 22		
			Call 360-733-5050 or www.BTTC.fit			NO CLINICS ON: Oct 11(after 2:30),12 & 13			NO CLINICS ON: Nov 28, Dec6(after 12pm),7&8			NO CLINICS ON: Feb 15 & 16			NO CLINICS ON: Apr 20		
Clinic	Day	Time	Wks	Guest	Member	Wks	Guest	Member	Wks	Guest	Member	Wks	Guest	Member	Wks	Guest	Member
BEGINNERS START HERE - OPEN TO ALL																	
1B Family Fun Tennis for Tots (Adult+Child Age 4-6)	THU	2-2:45 pm	8	\$ 174	\$ 144	7	\$ 152	\$ 126	8	\$ 174	\$ 144	8	\$ 174	\$ 144	8	\$ 174	\$ 144
2B Red Ball (Age 6-8)	MON	3-4 pm	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	7	\$ 203	\$ 168
2B Red Ball (Age 6-8)	SAT	11:30-12:30 pm	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192
2B Red Ball (Age 6-8)	WED	3-4 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
3B Orange Ball (Age 8-12)	MON	3-4 pm	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	7	\$ 203	\$ 168
3B Orange Ball (Age 8-12)	SAT	11:30-12:30 pm	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192
3B Orange Ball (Age 8-12)	THU	2-3 pm	8	\$ 232	\$ 192	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
3B Orange Ball (Age 8-12)	WED	3-4 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
4B Learn to Rally (Age 12-15)	MON	5-6 pm	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	7	\$ 203	\$ 168
4B Learn to Rally (Age 12-15)	SAT	9:30-10:30 am	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192
5B High School 1 Learn to Rally	SUN	4:00-5:00 pm	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168
INTERMEDIATE ADVANCED - MUST QUALIFY OR TEST INTO THIS LEVEL																	
6I Green Ball (Age 8-12)	SAT	10:30-11:30 am	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192
6I Green Ball (Age 8-12)	THU	3-4 pm	8	\$ 232	\$ 192	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
6I Green Ball (Age 8-12)	TUE	3-4 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
7I Yellow Ball (Age 12-15)	THU	5:15-6:15 pm	8	\$ 232	\$ 192	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
7I Yellow Ball (Age 12-15)	SAT	10:30-11:30 am	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192
7I Yellow Ball (Age 12-15)	TUE	5:15-6:15 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
8I High School 2 JV	MON	4-5 pm	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	7	\$ 203	\$ 168
8I High School 2 JV	WED	4-5 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
9I High School 3 Varsity	TUE	4-5:15 pm	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240
9I High School 3 Varsity	THU	4-5:15 pm	8	\$ 290	\$ 240	7	\$ 254	\$ 210	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240
COMPETITION READY-JUNIOR DEVELOPMENT (APPLICATION & COACH INVITE)																	
JD1 JETT 1 (12&Under)	FRI	4-5 pm	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
JD1 JETT 1 (12&Under)	WED	5-6 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
JD2 JETT 2 (15&Under)	FRI	5-6:15 pm	7	\$ 254	\$ 210	7	\$ 254	\$ 210	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240
JD2 JETT 2 (15&Under)	WED	5-6 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
JD3 JETT 3 (18&Under)	SUN	5-6:15 pm	7	\$ 306	\$ 263	7	\$ 306	\$ 263	7	\$ 306	\$ 263	7	\$ 306	\$ 263	7	\$ 306	\$ 263
JD3 JETT 3 (18&Under)	WED	7-8:45 pm	8	\$ 406	\$ 336	8	\$ 406	\$ 336	8	\$ 406	\$ 336	8	\$ 406	\$ 336	8	\$ 406	\$ 336
ADULTS																	
TCA1 Adult 1 - Beginner	MON	6-7 pm	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	7	\$ 203	\$ 168
TCA1 Adult 1 - Beginner	SAT	1-2 pm	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192
TCA2 Adult 2 - NTRP 2.0-2.5	MON	6-7 pm	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	7	\$ 203	\$ 168
TCA2 Adult 2 - NTRP 2.0-2.5	SAT	1-2 pm	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192
TCA2 Adult 2 - NTRP 2.0-2.5	THU	Noon-1 pm	8	\$ 232	\$ 192	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
TCA2 Adult 2 - NTRP 2.0-2.5	TUE	Noon-1 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
TCA2 Adult 2 - NTRP 2.0-2.5	WED	6-7 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
TCA3 Adult 3 - NTRP 3.0	WED	12-1 pm	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192
TCA3 Adult 3 - NTRP 3.0	TUE	6:15-7:30 pm	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240
TCA3.5 Adult 3.5 - NTRP 3.5	THU	6:15-7:30 pm	8	\$ 290	\$ 240	7	\$ 254	\$ 210	8	\$ 290	\$ 240	8	\$ 290	\$ 240	8	\$ 290	\$ 240
TCA3.5 Adult Doubles NTRP 3.5	SUN	1:30-2:45 pm	7	\$ 306	\$ 263	7	\$ 306	\$ 263	7	\$ 306	\$ 263	7	\$ 306	\$ 263	7	\$ 306	\$ 263
TCA4 Adult 4 Speed & Strategy NTRP 4.0	MON	11-Noon	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192	8	\$ 232	\$ 192	7	\$ 203	\$ 168
TCA4 Adult 4 Speed & Strategy NTRP 4.0	SAT	9:30-10:30 am	7	\$ 203	\$ 168	7	\$ 203	\$ 168	7	\$ 203	\$ 168	8	\$ 232	\$ 192	8	\$ 232	\$ 192

SHARPEN YOUR GAME AT ANY LEVEL & LEARN THE SPORT OF A LIFETIME