TENNIS CLINICS Bellingham Training & Tennis Club								
EARLY FALL 2023	LATE FALL 2023	WINTER 2024	EARLY SPRING '24	LATE SPRING '24				
Aug 28 - Oct 22	Oct 23 - Dec 17	Jan 2 - Feb 25	Feb 26 - Apr 21	Apr 22 - Jun 16				



ACES 1 Red Ball Ages 5-8 Beg.

We use a half-sized court and slower bouncing red balls to work on control and placement.

ACES 1 Orange Ball Ages 8-11 Beg.

Shorter, 60-foot courts with regular nets. Players begin to get the feel and control on the tennis court.

ACES 2 Green Ball Ages 8-11 Int.- Adv.

Full sized courts and regular nets. Players use the green ball that bounces lower to learn more control.

ACES 3 Middle School Beg.

Players learning the fundamentals of the forehand and backhand ground strokes, volleys, and serve.

+ACES 4 Middle School Int.-Adv.

Players learn tennis rules, place ball with different paces, develop fitness, and singles & doubles strategy.

+ACES 5 High School JV

Players practice stroke fundamentals to create a solid game ready for tournaments. Athletic fitness and mental toughness with positive mindset is a key part of training at this level. No pre-requisite.

+ACES 6 Varsity

Students refine stroke fundamentals focus specialty shots with game strategy to sharpen competitive edge. Students are expected to play competitive tournaments. Pre-requisite is Aces 4 or 5.

ADULT Tennis Clinics

ADULT 1 Novice-No experience needed!

Have fun while learning the fundamentals of the groundstrokes forehand & backhand, volleys, and serve. Learn how to keep score.

ADULT 2 Beg.- Int.(NTRP 2.0-2.5)

For new players who are wanting to build consistency with basic strokes along with elements of strategy.

ADULT 3 Int. (NTRP 3.0-3.5)

Hone your skills and add variety with spins on your groundstrokes & serves. Work on advanced strategy while incorporating fitness to improve court stamina.

ADULT 4 Advanced (NTRP 4.0+)

Sharpen your skills with consistent, intense hitting and professional coaching.

ADULT 4 Speed & Strategy (NTRP 4.0+)

Be prepared to run! This clinic is for 4.0+ players who use a running game and strategy to make the shots.

ADULT Doubles (NTRP 3.0-3.5)

Focus on position, placement, and strategy. Gain insider tips to win points and lead the game. Signup as doubles recommended but not required.



JUNIOR ELITE TENNIS TRAINING

Select training for advanced players to sharpen competitive edge. Required: BTTC coach recommendation.



TENNIS CLINICS

Bellingham Training & Tennis Club



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MEMBER REGISTRATION OPEN NOW ~ GUEST REGISTRATION STARTS JULY 1

To Register					EARLY FALL 2023		LATE FALL 2023			WINTER 2024			
					Aug 28 - Oct 22		Oct 23 - Dec 17			Jan 2 - Feb 25			
Call 360-733-5050 or www.BTTC.fit			NO CLINICS ON:		NO CLINICS ON:		NO CLINICS ON:						
					9/4,10/13(after 2:30),10/14&15		11/23,12/1(after 2:30),12/2&3		2/17 & 2/18				
Clinic Aces 1 Red	Age 5-8	Level	Day MON	Time 3:00-4:00pm	#Classes 7	GUEST \$196	Member \$161	#Classes 8	GUEST \$224	Member \$184	#Classes 7	GUEST \$196	Member \$161
Aces 1 Red	5-0 5-8	Beg Beg	WED	3:00-4:00pm	8	\$196	\$184	8	\$224	\$184	8	\$224	\$184
Aces 1 Red	5-8	Beg	FRI	3:00-4:00pm	7	\$224 \$196	\$164	8 7	\$196	\$164	8	\$224	\$184
Aces 1 Red	5-8	Beg	SAT	11:30-12:30pm	7	\$196	\$161	7	\$196	\$161	8 7	\$196	\$164
Aces 1 Orange		Beg	MON	3:00-4:00pm	7	\$196	\$161	8	\$224	\$184	7	\$196	\$161
			WED		8	\$190	\$184	8	\$224	\$184	8	\$224	\$184
Aces 1 Orange Aces 1 Orange		Beg		3:00-4:00pm 11:30-12:30pm	0 7			8 7		\$164	8 7		
		Beg	SAT			\$196 \$224	\$161		\$196			\$196	\$161 \$184
Aces 2 Green	8-11	Int-Adv	TUE	3:00-4:00pm	8		\$184	8	\$224	\$184	8	\$224	
Aces 2 Green	8-11	Int-Adv	THU	3:00-4:00pm	8	\$224	\$184	7	\$196	\$161	8	\$224	\$184
Aces 2 Green	8-11	Int-Adv	SAT	10:30-11:30am	7	\$196	\$161	7	\$196	\$161	7	\$196	\$161
Aces 3 - Mdl Scho		Beg-Int	MON	5:00-6:00pm	7	\$196	\$161	8	\$224	\$184	7	\$196	\$161
Aces 3 - Mdl Scho		Beg-Int	WED	5:00-6:00pm	8	\$224	\$184	8	\$224	\$184	8	\$224	\$184
Aces 3 - Mdl Scho		Beg-Int	SAT	10:30-11:30am	7	\$196	\$161	7	\$196	\$161	7	\$196	\$161
Aces 4 - Mdl Scho		Int-Adv	TUE	5:15-6:15pm	8	\$224	\$184	8	\$224	\$184	8	\$224	\$184
Aces 4 - Mdl Scho		Int-Adv	THU	5:15-6:15pm	8	\$224	\$184	7	\$196	\$161	8	\$224	\$184
Aces 4 - Mdl Scho	ol	Int-Adv	SAT	9:30-10:30am	7	\$196	\$161	7	\$196	\$161	7	\$196	\$161
Aces 5 - High Scho	ool	JV	MON	4:00-5:00pm	7	\$196	\$161	8	\$224	\$184	7	\$196	\$161
Aces 5 - High Scho	ool	JV	WED	4:00-5:00pm	8	\$224	\$184	8	\$224	\$184	8	\$224	\$184
Aces 6 - High Sch	ool	Varsity	TUE	4:00-5:15pm	8	\$280	\$230	8	\$280	\$230	8	\$280	\$230
Aces 6 - High Sch	ool	Varsity	THU	4:00-5:15pm	8	\$280	\$230	7	\$245	\$201	8	\$280	\$230
Aces 6 - High Sch		Varsity	SUN	2:45-3:45pm	-	-	-	7	\$196	\$161	7	\$196	\$161
JETT 1	12u	Select	FRI	4:00-5:00pm	7	\$196	\$161	7	\$196	\$161	8	\$224	\$184
JETT 2	15u	Select	FRI	5:00-6:15pm	7	\$245	\$201	7	\$245	\$201	8	\$280	\$230
JETT 2	15u	Select	SUN	3:45-5:00pm	7	\$298	\$254	7	\$298	\$254	7	\$298	\$254
JETT 3	18u	Select	WED	7:00-8:45pm	8	\$392	\$322	8	\$392	\$322	8	\$392	\$322
JETT 3	18u	Select	SUN	5:00-6:15pm	7	\$298	\$254	7	\$298	\$254	7	\$298	\$254
Adult 1 - Learn to		Beginner	MON	6:00-7:00pm	7	\$196	\$161	8	\$224	\$184	7	\$196	\$161
Adult 1 - Learn to		Beginner	WED	6:00-7:00pm	8	\$224	\$184	8	\$224	\$184	8	\$224	\$184
Adult 1 - Learn to		Beginner	FRI	1:00-2:00pm	8	\$224	\$184	8	\$224	\$184	8	\$224	\$184
Adult 1 - Learn to		Beginner	SAT	1:00-2:00pm	7	\$196	\$161	7	\$196	\$161	7	\$196	\$161
Adult 2	18+	2.5-3.0	MON	6:00-7:00pm	7	\$196	\$161	8	\$224	\$184	7	\$196	\$161
Adult 2	18+	2.5-3.0	TUE	12:00-1:00pm	8	\$224	\$184	8	\$224	\$184	8	\$224	\$184
Adult 2	18+	2.5-3.0	WED	6:00-7:00pm	8	\$224	\$184	8	\$224	\$184	8	\$224	\$184
Adult 2	18+	2.5-3.0	THU	12:00-1:00pm	8	\$224	\$184	7	\$196	\$161	8	\$224	\$184
Adult 2	18+	2.5-3.0	SAT	1:00-2:00pm	7	\$196	\$161	7	\$196	\$161	7	\$196	\$161
Adult 3	18+	3.0-3.5	TUE	6:15-7:30pm	8	\$190	\$230	8	\$280	\$230	8	\$280	\$230
Adult 3	18+	3.0-3.5	WED	12:00-1:00pm	8	\$280	\$230	8	\$200	\$230	8	\$224	\$230
Adult 3.5	18+	3.5	THU	6:15-7:30pm	8	\$224	\$184	0 7	\$245	\$104	8	\$280	\$104
		3.5 4.0+		11:00-12:00pm	8 7	\$280 \$196		8		\$201	8		\$230 \$161
Adult 4 - Speed & Strategy			MON		7		\$161	8	\$224		7	\$196	
Adult 4 - speed & str	ategy	4.0+	SAT	9:30-10:30am	7	\$196 \$298	\$161 \$254	7	\$196	\$161	7	\$196	\$161
Adult Doubles		Dbls 3.0+	SUN	1:30-2:45pm	1	\$298	\$254	1	\$298	\$254		\$298	\$254

Printed 06/15/2023

SHARPEN YOUR GAME AT ANY LEVEL & LEARN THE SPORT OF A LIFETIME

Bellingham Training & Tennis Club | 800 Mckenzie Ave. Bellingham, WA 98225 | 360-733-5050 | www.BTTC.fit